

CLIFF HOUSE CLINIC

THE SPECIALISTS IN NON INVASIVE AESTHETIC
TREATMENTS FOR THE FACE AND BODY

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as featured in

VOGUE

**BESPOKE
TREATMENTS**
Personally tailored to
suit everyone's
individual areas of
concern



What would **you** like to achieve?

We understand every client's requirements and provide honest and genuine advice to ensure you get the results you are looking for. As qualified, insured and experienced professionals, we are dedicated to ensuring that each of our clients receives our on-going concern, skill and expertise.

All of our treatment programmes are personally tailored for optimum benefits through an intelligent combination of all of the "state of the art" equipment immediately available at our clinic. Our ability to provide that combination of hi-tech facilities cannot be matched elsewhere!

We take professional pride in treating each of our clients as an individual, with his or her own particular needs and goals, rather than as a part of a "factory processing line".

For this reason we operate a **strict code of conduct:**

We will not offer any treatment programme to any new client without having first undertaken a full consultation to ensure that we provide the optimum programme, tailor-made for that client's requirements.

All our staff are fully qualified and properly experienced, have passed the exacting legal accreditation courses now required by statute and are fully insured.



WELCOME TO CLIFF HOUSE CLINIC

Welcome to Cliff House Clinic

Cliff House Clinic is the forerunner of all non-invasive aesthetic treatments in the South East of England.

Our experienced aesthetic practitioners are qualified to the highest professional level and are amongst the few practitioners who are fully and legally qualified to operate the sophisticated and “cutting edge” technology utilised within our clinic. We are happy to provide full details of both our expertise and of our professional qualifications on request.

Cliff House Clinic offers a very wide range of sophisticated aesthetic treatments and we invite you to visit our website at www.cliffhouseclinic.co.uk to simply to see for yourself the scope of our facilities.



Penelope Hawker,
founder,
Cliff House Clinic

Our mission statement is that each of our clients receives individual professional care and attention on an entirely personal basis. We understand that each of our clients has different requirements and aspirations and, for that reason, we are dedicated to designing an optimal treatment programme for you.

Cliff House Clinic has the sole objective of client satisfaction. We are very conscious of the fact that our success over the years has been due to recommendations from former and existing clients.

We do not disappoint!



Scan here to see our
welcome video!



IMAGINE THE RESULTS OF LIPOSUCTION - WITHOUT SURGERY!

There are many benefits to laser lipo over traditional forms of liposuction. It is safe, non-invasive and you have immediate recovery. Also there is **no pain, no needles, no starvation diets** and there are **no side effects**. Laser lipo is an easy and effortless fat reduction treatment.

FREE CONSULTATION

Our professionally-trained practitioners would be pleased to meet you for a FREE preliminary Consultation to discuss your particular and personal requirements and to answer any queries or concerns which you may have with laser lipo, before you commit to any course of treatment and without obligation.

TRY A £50 LASER LIPO TRIAL TREATMENT

You may wish to take advantage of a single trial treatment for £50, which we would be happy to provide at a discounted rate. To find out what we are able to offer, contact us now. That contact could prove one of your best decisions ever!

We support all our body treatments with free pressotherapy (infra-red and lymphatic drainage) when booking a course of treatment.

CRYO FAT FREEZE



DO YOU HAVE STUBBORN POCKETS OF FAT THAT YOU WANT TO REMOVE FOR GOOD?

Cryo fat freeze offers an effective solution without going under the knife.

Cryogenic fat freeze continues to be an excellent way to redefine your silhouette and one of our most popular treatments. The cryo fat freeze system is highly effective for all areas of the body where there is fat, for example the back, arms, thighs and stomach. The efficiency of the treatment makes it a popular option for both men and women.

Cool sculpting cryo fat freeze results are long-term, and treated fat cells are gone for good, providing a permanent fat loss result.

We offer a free consultation on cryo fat freeze treatments and will be happy to help and advise with any questions you may have.

Your first consultation, free - book today!
We support all cryo fat freeze treatments with free pressotherapy.



CELLULITE REMOVAL AND PRESSOTHERAPY

DISCOVER OUR SPECIALIST ADVANCED CELLULITE ERADICATION SYSTEM

This hi-tech programme works in four stages:

- 1** Our Cool Sculpt Laser with Acoustic Wave will break down the fatty content of subcutaneous cells.
- 2** Cavitation treatment then selectively destroys the targeted fat cells.
- 3** Radio Frequency is used to tighten the targeted areas.
- 4** Pressotherapy, lymphatic drainage and infra-red painlessly speed the removal of the toxins and fat from the system.



Pressotherapy is a very flexible treatment which is often utilised both to compliment and to enhance other state of the art programmes specifically designed for those seeking weight loss, the eradication of cellulite, skin tightening and non-invasive body sculpturing. Pressotherapy can accelerate the benefits of those other programmes and treatments. Equally, it can be effectively employed as a “standalone” form of treatment.

Free consultation and £50 trial session
available on cellulite treatments



Our **Advanced Body Tight** system operates state of the art technology, which incorporates wholly safe radio frequency (“RF”) waves, to target old or “stressed” collagen.

The effects of the RF are twofold: first, to promote the breakdown and natural bodily discharge of the “old” collagen; second, and more important, to promote the safe and natural creation of new collagen.

The **Advanced Body Tight system** is specifically designed to rejuvenate both the skin and, more particularly, the underlying collagen tissues for a long-lasting effect. Whilst the immediate results of our system will be obvious, its proper and longer-term benefit will also depend upon undertaking the full course of the recommended treatment programme.

Book a £50 trial treatment today and get a free consultation!

**Free pressotherapy when booking a course of
skin tightening and stretch mark reduction**



IPL AND LASER SKIN REJUVENATION

Our anti-ageing programmes, which are individually designed for each client, include the removal of wrinkles, red spider veins, sagging skin, rosacea “age spots” and hyperpigmentation (brown spots normally associated with excess sun exposure).

“**IPL**” is shorthand for **Intense Pulsed Light**, which is created by sophisticated and hi-tech lasers. Properly used by qualified and experienced aesthetic practitioners, IPL is an advanced and versatile method both of reducing the signs of ageing as well as enhancing existing skin texture.

Enhancement programmes include skin toning, lifting, hydration and smoothing with the resultant benefits of a firmer, plumper and rejuvenated complexion. In addition, IPL can eliminate skin problems such as acne and acne scars.

Book a free consultation and patch test today to see how a course of IPL could help you turn back the clock.

A free consultation and patch test is offered on IPL, cryo fat freeze, hair removal and semi-permanent makeup treatments.



COLLAGEN WAND STIMULATION THERAPY

as featured in
VOGUE

FOR A TIGHTER, SMOOTHER COMPLEXION

Imagine the RESULTS of a face-lift WITHOUT surgery...
RESULTS which last for years without “top-up”...
RESULTS without pain, needles or anaesthetics...
RESULTS without downtime or convalescence...
RESULTS which are **simply fantastic.**

Our advanced non-surgical face-lift treatment is suitable for both ladies and gentlemen. Collagen Wand Stimulation Therapy is now established as an effective treatment for long term non -surgical facial skin and neck tightening. It works by heating up the deeper layers of the skin to deliver a safe and controlled amount of radio frequency energy, immediately tightening and improving existing collagen for **healthier, smoother skin** and a more radiant youthful appearance.

Collagen Wand Stimulation Therapy requires no time off and make-up can be applied straight after the treatment. It can also be combined with other skin rejuvenation and aesthetic treatments. Our ‘special touch of magic’ involves the inclusion of new GenerationSonic wave technology with photodynamic light therapy, creating a firmer and tighter complexion.

Free consultation and £50 trial session
available on collagen wand stimulation therapy treatments



SEMI- PERMANENT MAKE-UP

Cliff House Clinic is proud to offer a range of semi-permanent make-up treatments, all medically approved and specifically designed to be completely safe.

All the product range is organic and lasts for several years. The pure pigments that we use are specifically selected for their hypo-allergenic qualities.

Semi-permanent makeup always looks fresh and creates a dramatic anti-ageing effect. It is also especially recommended for those of us who wear contact lenses, have allergies to conventional make-up or have lost their eyelashes or eyebrows due to a medical condition.



Eyelash Enhancement Treatment

creates a subtle and natural look by mimicking dozens of tiny eyelashes with the micro-implantation of pigments in or along the lash line. This treatment creates the illusion of thick long healthy lashes and is very popular for both men and women.

Additional shadowing of colour can be added for a soft natural liner in many shades, mixed carefully to complement your skin tone and enhance the colour of your eyes. A bolder and more definitive effect can be achieved using a definitive black line for superb "wide-awake" eyes: a stunning look!

Eyelash Enhancement Treatment is fully approved by ophthalmologists and is the perfect solution for contact wearers and those with allergies to conventional make-up.

Pretty Permanent Eyebrow Enhancement mimics the natural appearance of hair in a defined brow line. For those who desire more fullness in the brow line but resent the time having to continually pencil in the brow line, this treatment is a total must!

Pretty Permanent has the skill and expertise to ensure the illusion of the brow line being entirely natural. All pigments are mixed to create a totally unique match to your hair and skin type.

Beautiful lips can be cosmetically achieved by rebalancing their shape and evenness to create the ultimate "fuller" look: alternatively, simply by enhancement. All colours are specifically mixed to suit your individual skin tone and to create the "look" you desire.



"Gloss and Go" lips by Pretty Permanent are the latest "must have". The procedure enhances the natural shape of the lips, resulting in a redefined and fuller natural look. Great for those of us who do not want fillers!

Our cosmetic aesthetician has worked within this field for many years including Harley Street with an eminent doctor, as well as at the BBC and has applied her expertise to many well-known celebrities over the years.



**NO MORE SHAVING... NO MORE WAXING...
NO MORE WORRY... NO MORE HAIR!**

New generation technology for fast, pain-free treatment that suits **all skin types** and **all hair colours**

Permanent laser hair removal works by lasers penetrating deeply into the skin and selectively destroying unwanted hair follicles at their roots. It involves modern and sophisticated technology which enables the hair treatment area to be carefully targeted before the lasers are operated so that the treatment is precise and exact.

Our clinic is staffed solely by qualified personnel who not only hold all the highest professional qualifications currently in force, but who also already conform with the new standards of expertise which are now legally required by law.

Call, e-mail or text us today to arrange a free, confidential consultation and patch test.

Free consultation and patch test
is offered on all our hair removal treatments!



**The future
of skincare
has arrived.**

**ADVANCED SKIN
CARE CLINIC**

as featured in

VOGUE

Our bespoke skin treatments provide luxury care, rich in botanical stem cells, peptides and vitamins, with hydrating and protective ingredients that are vital for maintaining your skin's integrity.

Our prescription-based treatments do so much more than prime and pamper your skin. We can design a treatment especially to address your areas of concern, using combinations of resurfacers, enzyme peels, chemical peels, Vitamin C infusions, stem cell 3D technology, Derma Roller and the latest in new generation light therapies to renew and repair your skin - for results that will amaze.

The rewards of healthy, transformed and nourished skin are not only attainable, they are sustainable and our philosophy delivers stunning, long-term results.

Free photodynamic light therapy with every treatment when booking a course!

Bring a youthful vitality and a smooth, evenly-toned luminosity to your complexion.

Treats all skin conditions

Clears sun damage

Brown marks

Hyper-pigmentation

Redness

Dry tired skin

Wrinkles

Acne

Old and tired skin

Anti ageing

Skin firming

Increases collagen production



HIFU

**Younger, firmer,
radiant skin with
results that last
for years**

HIFU (High Intensity Focused Ultrasound) is the newest revolutionary technology which can continue to build results.

HIFU is a non-surgical and non-invasive treatment, this means that it is painless and there is no recovery time post treatment.

HIFU uses the skin's natural collagen rejuvenation process to bring your skin's youth back to life. The procedure can be performed on many areas on the body, most frequently the face and neck. You can expect to notice your skin rejuvenating over the months following treatment - feeling smoother, brighter and firmer.

Benefits include:

EYE LIFT

BROW LIFT

CHEEKS

NASAL LABIAL LINES

JOWLS

NECK

LOWER FACE LIFT

COMPLETE FACE LIFT

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Free consultation available, please call us for details



PHOTODYNAMIC LIGHT THERAPY

Regain the bounce, clarity, and youthful luminosity that your skin once had!

The light spectrum used in our photodynamic light therapy treatment is provided by an array of differently coloured lights which are designed to heal and rejuvenate damaged and ageing skin.

Smart • Effective • Non-Invasive

We use the latest generation technology in photodynamic therapy, combining clinically proven wavelengths of light, delivered at safe, therapeutic doses to naturally stimulate skin rejuvenation and resolve problem skin conditions for the face and body.

Regenerates tired and lacklustre skin

Anti-ageing

Clears redness and sun damage

Softens wrinkles

Promotes new collagen

Clears acne and acne scarring

Boosts skin ability to generate a fresh new fresh complexion

Creates a luminous softer appearance to the skin

Can be used in conjunction with other treatments such as skin peels, resurfacers and laser treatments

We support all our bespoke skincare prescription-based treatments with new generation photodynamic light therapy.

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